

Sharing Parents is a Sacramento based non-profit organization devoted to supporting parents who have experienced the loss of a baby from the time of conception through early infancy.

Our Purpose is to provide a safe environment where grieving parents with similar experiences can come together and share their feelings about the loss and the love of their babies. Our meetings are also a place where parents express the love they have for their baby in their compassion for others, where they can give and receive emotional support by sharing common experiences and learn about the natural grief process while working through and resolving their loss.

We Offer a variety of meetings and support services that are designed to help parents throughout the different stages of their grief. There is never a fee to attend our meetings.

Our Meeting Place

Mercy Women's Center
 650 Howe Avenue, Ste #530
 Sacramento, CA 95825

**Our Mailing Address
 & Phone Number**

Sharing Parents
 P.O. Box 19538
 Sacramento, CA 95819-0538
 (916) 424-5150

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Upcoming Meetings

- May 2, 2010: Mother's Day / Art project
- June 13, 2010: Father's Day / Father's Group Discussion
- July 11, 2010: Guest Speaker
- August 8, 2010: Making Memories - Expressing Grief Through Art / Art Project

Subsequent Pregnancy Meetings

- May 24, 2010 (7-9pm) Subsequent Pregnancy
- June 28, 2010 (7-9pm) Subsequent Pregnancy
- July 26, 2010 (7-9pm) Subsequent Pregnancy
- August 23, 2010 (7-9pm) Subsequent Pregnancy

SAVE THE DATE

*Sharing Parents of Sacramento
 16th Annual October Memorial
 Sunday, October 10, 2010 @ 3pm
 McKinley Park Rose Garden
 3330 McKinley Blvd, Sacramento, CA 95816
 Special Time of Reflection ♥ Candle Ceremony ♥ Butterfly Release*

Look For Butterfly Order Forms & More Information In Late Summer

Message From The President

2010

Sharing Parents Volunteers

President

Kelly Joppa

Vice President

Kristi Avila

Secretary

Joanna Hurtt

Treasurer

Daryle Lozano

Short Term Grief Coordinator

Molly Lawrence

**Pregnancy Interruption
Coordinator**

Amy Bourke

Listening Line Coordinator

Molly Lawrence

Listening Line Volunteers

Kristi Avila & Joanna Hurtt

Oct. Memorial Coordinator

Noel Lehman & Stacey Hisey

Community Outreach

Kelly Joppa

Event/Fundraiser Coordinator

Heidi Lozano

Librarian

Rebecca Erickson

Newsletter Team

Mia Omega & Brion Maciel

Newsletter Assistant

Heidi Lozano

Newsletter Editor

Heidi Lozano

Webmaster

Ken Hisey

Volunteer Parents

Eric Joppa, Deanna Lockhart,
Shannon Anderson,
Laura McHugh, Kristen Lunardi,
Jamie Rose,

Meghann & Phillip Hurt,
Jennifer & Ryan Stiltz,
Suzie & Brion Maciel,
Michelle & Chris Peters,
Lynne & Neil Genzel

The mementos & memories that we have of our babies is a shared treasure for a parent who has lost a child. For many of us the few reminders that we can touch and hold are safely kept in small box or special alter of reverence in our homes. This is one of those many things that not all people understand. After all, how can one find peace and comfort in being surrounded by death? But what they do not know is that those small tokens of memories allow us to go to a secret place in our hearts that is deeper and truer than any other reality. For in this sacred place lies an undying love and passion for a child that will forever live in our hearts.

In March one of our volunteers mentioned a local group called "Project Linus" which makes handmade blankets for children in need. Her grandmother is involved with this organization and she had the great idea of seeing if they might be able to work with us in providing mementos to our parents. We contacted their local representative to see if it was possible to have some small 12x12 inch blankets made to be given to our parents once they complete the Short Term Grief series. I shared with her about the little crocheted blanket that my husband and I received when we completed the Short Term Grief series 4 years ago which provides a small, yet loving reminder of our daughters existence. While these blankets will never hold our babies, they could be a source of comfort and possibly something for parents to cuddle with as they remember and cry for their angels. I was amazed when their President contacted us to inform us that she had an overwhelming response from their volunteers and that they had a donation of 85 blankets ready to give to Sharing Parents. What a beautiful gift this group has provided to parents that will walk through our doors in need of comfort and reminders of their sweet babies. A huge thank you to Project Linus for their kindness and generosity!

Additionally I wanted to share that the past few months have been an exciting time for the Sharing Parents volunteer team. We have added several new parents to our team and with them they have brought energy, excitement and great new ideas for how to grow our program and reach more parents in their times of need. I am encouraged by a new Community Outreach committee which is focusing on ways to get the Sharing Parents name and mission in to the community and getting our information into the hands of parents going through the devastation of a loss. In the next few months we will be tackling a few projects and putting major effort into making sure that every parent in the greater Sacramento area who losses a baby will know that they need not walk alone and we are ready to listen and support them. We look forward to sharing with you about these outreach efforts in the next several months.

Thank you for your continued support of Sharing Parents as we remember our precious babies and look for ways to comfort others who are hurting.

Sincerely,
Kelly Joppa

1st Annual Bunko Tournament a Success

We had our very first Sharing Parents Bunko Tournament and what a smashing success!! The tournament was held March 18th at Woody's Bar and Grill of Rocklin. Woody's provided us a private room just big enough for our tournament and with our very own personal server for the night. From what I could tell, all 48 players kept that server busy! There were drinks, food and lots and lots of fun!!

Out of the 48 players, or 4 bunko groups that played that night, there were 4 players from each group that walked away with some kind of wonderful prize that had been donated. On top of that, we had ten different raffle prizes ranging from a Starbucks basket of Starbucks items to a Traders Joes shopping bag plum full of different food items from Trader Joe's. Players were given one free raffle ticket at the start of the game and those thereafter were sold for a \$1.00 each--what a steal! All the raffle items were raffled off that same night so some players walked away with more than just one or two prizes!

The bunko tournament was a GREAT fundraiser for Sharing Parents! Sharing Parents raised **\$1200.00!!** Sharing Parents could not have done it without the help from the volunteers AND the community. A GIANT thank you to the businesses that generously gave items!! A great big thank you to Noel Lehman for being my right hand "woman." And one last thing, a huge thank you to everyone else that helped make the Sharing Parents Bunko Tournament everything it was! We do indeed have some pretty darn amazing volunteers that know what it means to give....thank you!!

With gratitude,
Joanna Hurtt
Bunko Chair
Coordinator



Please welcome the safe arrival of

Chloe Violet Lozano

Arrived at 10:16am on March 25th. She weighed 6.5lbs and was 18.5 inches long. Mom Heidi, dad Daryle and big sister Holly are all enjoying their new edition!

Untitled Poem

*It must be very difficult
To be a man in grief,
Since "men don't cry" and "men are strong"
No tears can bring relief.*

*It must be very difficult
To stand up to the test
And field the calls and visitors
So she can get some rest.*

*They always ask if she's all right
And what she's going through.
But seldom take his hand and ask,
"My friend, but how are you?"*

*He hears her crying in the night
And thinks his heart will break.
He dries her tears and comforts her,
but "stays strong" for her sake.*

*It must be very difficult
To start each day anew
And try to be so very brave--
He lost his baby too.*

1st Annual Bunko Tournament a Success (cont.)

With tremendous gratitude, Sharing Parents would like to thank the following businesses for their contributions in our March Bunko Tournament. We are grateful to have had the generous support of so many businesses and individuals in our community. They were vital in making this fundraiser a success.

Please consider taking your business to them and thank them for supporting Sharing Parents.

- **Lynette Dingman & At Home America** www.athome.com/lynnnetted
- **Alicia Shrum & Avon** email, alicia.dalton@att.net
- **Beverly Fabrics of Rocklin** 2630 Sierra Meadows Dr www.beverlys.com/rocklin-store 916/ 632-0280
- **Blockbuster**, Regional (all Sacramento Area Locations)
- **Bob's Roseville Carwash** 808 Sunrise Ave. Roseville www.bobscarwash.com 916/ 773-0500
- **Buonarroti Ristorante** 460 G Street (Hwy 65) Lincoln 916/ 645-7941
- **Cold Stone Creamery** 4001 Woodcreek Oaks Blvd. W. Roseville 916/ 789-7508
- **Cold Stone Creamery Creekside Center**, 1228 Galleria Blvd. Roseville 916/ 780-4700
- **Dos Coyotes** Regional (Sacramento, Folsom, Davis & Roseville locations) www.doscoyotes.net 916/772-0775
- **Ms. Katie Davis**, Maker of fabric creations
- **Fresh Choice of Roseville** Rocky Ridge Center, 2030 Douglas Blvd. 916/783-5886
- **Green Tangerines** 6831 Lonetree Blvd. Rocklin 916/771-8010
- **Jamba Juice of Lincoln** 825 S. Hwy 65 916/408-5902
- **Massage Envy Roseville** 10441 Fairway 916/ 784-3800
- **Mimi's Cafe of Lincoln** 850 Groveland Lane 916/434-5116
- **The Old Spaghetti Factory of Roseville** 731 Sunrise Ave. 916/ 773-3950
- **Original Pete's of Roseville** 5005 Foothills Blvd. 916/ 786-2154
- **Cyndi Abundabar Ting & Partylite Gifts** www.partylite.biz/cting
- **Petroglyph Roseville** 2030 Douglas Blvd. 916/772-4278
- **Erica Smith & Premier Designs Jewelry** email, ecsjewels@gmail.com
- **Raley's Family of Fine Stores**, Regional
- **Safeway of Rocklin** 2220 Sunset Blvd. 916/ 789-0101
- **Starbucks Coffee Creekside Center**, 1228 Galleria Blvd. 916/784-7004
- **Starbucks Coffee Lincoln**, 850 Groveland Lane, Lincoln 916/ 543-3895
- **Starbucks Coffee** 415 Roseville Square, Roseville 916/ 797-9165
- **Starbucks Coffee Rocky Ridge Center**, 2030 Douglas Blvd. 916/ 774-6812
- **Starbucks Coffee Rocklin**, 2351 Sunset Blvd. Rocklin 916/ 315-9524
- **String's Italian Cafe** 1900 Douglas Blvd. Roseville, 916/ 784-2888
- **Trader Joe's Roseville**, 1117 Roseville Square 916/784-9084
- **Tessie Takehara & Uppercaseliving** <http://tessie916.uppercaseliving.net>

Composed by Noël Lehman

Remembering Our Babies With Love

Anniversaries, birthdays and holidays are difficult times for us. We remember with love....

MAY

Pedro Adame
Faith Annalyse Alvarez
Taylor Reese Bacon
Kieran Black
Emelia Bunrs
Baby Camarena
Grace Marie Canady
Michael Enrique Canales
Madeleine Joy Canimo
Annabelle Olivia Castablo
Jack Thomas Clauer
Johnathan Constantine
Benjamin Dirish
Franklin Dirish Jr.
Klayton Javon Hooper
Millie Rose Genzel
Timothy W. Gergen, Jr.
Timothy William Grgen
Baby Jensen
Kadance Lyric Kaplan-Samuels
Gavin Kalani Kawelo
Charlie Kingston
Baby Krebs
Bjorn Erik Law
Grace Lindeman
Paul Lintz
Sarah Lintz
Nicholas Lunardi
Caleb Michael Brown Brown
Wyatt Andrew Nowicki
Mark O'Brien Jr.
Baby Pethel
Matthew Provost
Santia Sargeant
Baby Boy Scacco
Maria Elizabeth Schubert
Joshua Zane Shunk
Ashley Grace Sisson
Babies Small
Baby Smith
Sidney Marie Smith
Baby Tan
Sophie Tye

JUNE

Brady Ryan Adam
Mateo Marcos Bravo
Crystal Campbell
Matthew Cleaves
Baby Cromeenes
Kyla Knighton
Josiah Nicolas Davidson
Hannah Noel Drews
Erin Leigh Fink
Jacob Fink
Baby Fisk
Jasmine Allan Ford
Isac Dailon Goldman
Jack Franklin Hisey
Julian Jackson
Hope Kelley
Baby Latino
Baby Levy
Selma Livadic
Tessa Elizabeth Lockhart Ralston
Baby Lopez
Sara Lopez Rye
'Puter Martinez-Gardner
Baby McCornell
Elijah Loren Meyer
Derrick Morgan
Ethan Michael Peters
Andrew Bond dos Reis
Isaac Anthony Sheff
Justin Michael Sanders
Baby Shields
Summer Olivia Sprenger
Jacob Zaretsky
Baby Legrand

JULY

Maurice Adams Steptoe
Baby Beck
Baby Binns
Baby Bracy
Kaleb Julius Bracy
Michael Farquhar
Leah Grace Clavel
Brian Cleaves
Baby Davis
Kaleb Reyes Delacruz
Sarah Helen Delp
Jaden Christian Denham
John Silva Fialho IV
Olivia Fillion
Peanut Fong
Baby Fosco
Emma Margaret Guelker
Helena Grace Gundersen-Lehman
Christian Higa
Hayden Matthew Hope
Hunter Aaron Hope
Sarah Leigh Howitson
Shelby Jean Isola
Terrence Brophy Jett
Valerie June Lozano
Leo Davies Melbourne
Taylor Javon Lee Wilson
Baby Peterson
Baby Boy Rouse
Baby Siino
Olivia Arabella Sillion
Baby Sperry
Baby Szillinsky
Andrea Grace Teixeria
Baby Westrup
Audrey Elise Krater
Jordan Vose
Presley Vose

Names are entered through the sign-in sheet at all Sharing Parents meetings.

Some books from the Sharing Parents library on the topic of infertility.

Written by Noël Lehman

Miscarriage After Infertility: A Woman's Guide to Coping

By Margaret Comerford Freda and Carrie Ann Semelsberger

A clear and to the point book exploring the unique emotions experienced by women who have struggled with infertility and miscarriage. Most readers find the compassion in these pages affirming; not only is the reader on an emotional journey grieving the loss of a pregnancy, but fearing the loss of ever carrying a healthy pregnancy to term. This book is also a useful guide to elicit understanding, hope and compassion from friends and family.

*You Will Always Be My Angel,
My Little Brother Angel.*

*You will always be my angel,
I remember;
My mom,
She told me you had died.
I didn't know what to do,
But break out in tears.
You will always be my angel,
I called my sister,
She couldn't believe it,
Neither could I.*

*You will always be my angel,
We arrived at the hospital,
My mom and I.
We walked into the room,
The one you were in.
You were set into my arms,
So small, so light, so still,
So Silent.
You will always be my angel.
I can't recall how much I cried that very day,
But I know you're in a better place.
So many tears have fallen,
And I still cry for you.
Mateo,
Baby Mateo,
You will always be my angel,
My little brother,
Angel.*

Poem written by Angelica Bravo, age 13, for her brother in heaven Mateo Marcos Bravo.

Moments for Couples Who Long for Children By Ginger Garrett

An author who writes to encourage women with compassion from her own experiences of miscarriage, loss and trauma and infertility. This is a faith based book that guides families to seek out answers to their infertility, offers prayer and references the Bible for positive support.

When the Cradle is Empty: Coping with Infertility

By John & Sylvia Van Regenmorter

Husband and wife authors provide an extensive guide to finding medical information, formulating choices, and coping with, identifying and directing support from family and friends. Written in short, informal chapters that are gentle, not overwhelming.

These authors counsel with faith and biblical reference. They guide with insight from their own infertility struggles and extend their compassion across the pages. They also included other resources and web sites to further empower the couple facing infertility.

Inciid n.d. web. 12 Jan. 2010

< <http://inciid.org/> >

Resolve: The National Infertility Association. n.d. Web. 12 Jan. 2010

< <http://www.resolve.org> >



McHugh Family drawing by Ethan McHugh (age 7). Submitted by Laura and Jeff McHugh, parents of Isabella Sofia.

Ethan drew a picture for Jeff while I was at work- Jeff was in Orange County for a week and came home tonight.... Ethan drew our family- including Isabella on the clouds....

Poems For Jack

Ken Hisey,

Father of Jack Franklin Hisey, born still June 17, 2005

I find that I often sit up late at night remembering Jack in my own little way. I tend to get fixated on one part of his story or another and need to write it down. I write short poems until I'm blurry eyed and can barely see the screen any longer. I've decided to share two pieces that are about the pain of losing Jack and the long wait to meet him after we had discovered he had passed.

We'd fall asleep for a few minutes, or maybe an hour or so. Then something would wake her. A contraction, the drugs wore off whatever it was, and for a second or two she'd be blissfully unaware of where we were and why we were there. Then she'd remember and begin to scream and sob. The kind of anguished cry that no one should ever have to witness or be tortured enough to let out. So powerful and so grand the scale of suffering no person could stand beneath the weight of it, no construct no engineering wonder of the world

could hold it.

Through it all she managed to carry on for him.

Giving birth to him our little boy was a mission that not even death itself could stop her from carrying out. Through all of her pain; our pain, her love for him brought him into this world so that we could meet him, kiss him, smell him, and then say goodbye.

I marvel at my wife.

Save You

with god hanging just at the very edge of our lips

we all scream "why?"

"why?"

with curses and fear in the balls of our fists

we beat the floor and cry

and cry

where is my chance

where is my hope

when was my time

how, how could I save you

with pain in our hearts we stand as long as we can

then we fall, sinking in

sinking in

with love in our hearts we meet you

and with a kiss say "goodbye"

"goodbye"

where is my chance

where is my hope

when was my time

how, how could I save you

save you

Ken Hisey,

Father of Jack Franklin Hisey, born still June 17, 2005

*another desperate hour
another hour passes
another scream in the long night
a hospital room once quiet, cold
short on sleep but long on pain
a hard task ahead
another desperate hour to come
another desperate hour
the drugs wearing off
the drugs to sleep
to dull this pain
of another desperate hour
another desperate scream
the cross has been covered
the nuns chased away
no room for that
in this desperate hour
in this hospital room
with the drugs wearing off
a hard task ahead
another desperate hour to come*

Love Gifts

To honor your child's memory, send a "Love Gift" to Sharing Parents. A Love Gift is a monetary donation given in honor of someone or as a memorial to a baby, relative or friend. Not only will you be memorializing your baby but you will be helping Sharing Parents, which survives on donations and fundraisers. If you would like to donate a Love Gift to us, please fill out the form below. The deadline for inclusion in the next newsletter is July 20, 2010.

In Loving Memory of Millie Rose Genzel

Date of Birth: May 24, 2008
Date of Loss: May 24, 2008
Donors: Lynne & Neil Genzel

Dear Millie,

Mommy and Daddy love you so much and we miss you with every breath. We're so glad you're our little girl.

Love,
Mommy & Daddy

In Loving Memory of Carter Leighton Maciel & Catherine Leighton Maciel

Date of Birth: October 26, 2006
Date of Loss: October 26, 2006
Donors: Brion & Suzie's Poker friends

We welcome your Love Gifts in support of Sharing Parents. A Love Gift is a monetary donation made to honor your child's memory. Please make checks payable to **Sharing Parents of Sacramento**.

(Donations to Sharing Parents are tax deductible.)

Enclose your check, attach any special message to this form and mail to:

Sharing Parents
P.O. Box 19538
Sacramento, CA 95819-0538

In Loving Memory of:

Date of Birth:

Date of Death/Loss:

Donor Name:

Address: