



Sharing Parents

Volume 29, Issue 2 May 2009

* Helping Bereaved Families for 27 Years

Sharing Parents is a Sacramento based non-profit organization devoted to supporting parents who have experienced the loss of a baby from the time of conception through early infancy.

Our Purpose is to provide a safe environment where grieving parents with similar experiences can come together and share their feelings about the loss and the love of their babies. Our meetings are also a place where parents express the love they had for their baby in their compassion for others, where they can give and receive emotional support by sharing common experiences and learn about the natural grief process while working through and resolving their loss.

We Offer a variety of meetings and support services that are designed to help parents throughout the different stages of their grief. There is never a fee to attend our meetings.

Our Meeting Place

Mercy Women's Center
650 Howe Ave
Ste #530
Sacramento, CA 95825

Our Mailing Address and Phone Number

Sharing Parents
P.O. Box 19538
Sacramento, CA 95819-0538
(916) 424-5150

Visit us on the web:

www.sharingparents.org

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General Meetings

May 3rd 7 - 9pm Mother's Day Art Project

June 14th 7-9pm Father's Day Group Discussion

July 12th 7-9pm Guest Speaker

Subsequent Pregnancy

May 18th 7-9pm

June 22nd 7-9pm

July 27th 7-9pm

2009 Sharing Parents Volunteers

President

Heidi Lozano

Vice President

Kelly Joppa

Secretary

Daryl Lozano

Treasurer

Shana Kaplan-Samuels

Oct. Memorial Coordinator

Noel Lehman

Community Outreach

Ken Hisey

Fundraiser Coordinator

Heidi Lozano

Librarian

Kristie Avila

Webmaster

Ken Hisey

Short Term Grief Coordinator

Kelly Joppa

Listening Line Coordinator

Molly Lawrence

Subsequent Pregnancy Coordinator

Shana Kaplan-Samuels

Newsletter Editor

Armando Omega

Database Manager

Mia Omega

**Am I ready to help others through their
loss?**

Am I ready to support hurting parents?

**Am I ready to be a Sharing Parents
volunteer?**

These are questions that all of our volunteers have asked themselves.

If you believe the answer is "YES" to the above questions, or if you are ready to explore these questions we would like to invite you to our next

Sharing Parents Volunteer Recruitment Fair

Sunday, November 8th 2009

2 - 4pm

**Mercy Women's Center
650 Howe Avenue, Suite 500
Sacramento, CA 95825**

Garage Sale Fundraiser

Sharing Parents will be participating in the 15th Annual South Stanford Ranch Garage Sale in Rocklin CA sponsored by Rindy Merrifield of Lyon Real Estate. It's on Saturday, May 16, 2009 from 7:00 a.m.-1:00 p.m at the Hisey Family Home.

This is the 3rd year that the Hisey family will be participating in this garage sale. They have invited Sharing Parents to set up a booth and sell items whose proceeds will go to Sharing Parents. It's a lot of fun and there is a lot of traffic. Last year this Garage Sale Extravaganza had 300 homes participate and about 1000 bargain hunters attended.

Feel free to stop by and do some shopping! We'll be selling hot dogs and refreshments and have super cool deals.

If you would like to donate items to sell in the garage sale, please email sharingparents@yahoo.com by Saturday, May 9, 2009.

Come join the fun and stop by the Hisey house at 5722 Cobblestone Drive, Rocklin CA. **See you there!**

Remembering Our Babies With Love

Anniversaries, birthdays, and holidays are difficult times for us. We remember with love....

May

Faith Annalyse Alvarez
Taylor Reese Bacon
Payton Hadley Bazzocco
Kieran Black
Caleb Michael Brown
Baby Camarena
Grace Marie Canady
Maleleine Joy Canimo
Jack Thomas Clauer
Devin Alexander Comer
Benjamin Dirish
Franklin Dirish, Jr.
Timothy William Gergen, Jr.
Klayton Javon Hooper
Shelby Jean Isola
Baby Jensen
Kandace Lyric
Kaplan-Samuels
Gavin Kalani Kawelo
Charlie Kingston
Bjorn Erik Law
Grace Linderman
Paul Lintz
Sarah Lintz
Nicholas Lunardi
Wyatt Andrew Nowicki
Baby Pathel
Baby Boy Scacco
Maria Elizabeth Schubert
Joshua Zane Shunk
Ashley Grace Sisson
Babies Small

Baby Smith

Sidney Marie Smith
Rebecca Grace Spangler
Baby Tan
Baby Mark O'Brien, Jr.
Santia Sargeant
Emelia Burns

June

Isac Dailon Goldman
Jack Franklin Hisey
Julian Jackson
Hope Kelley
Kyla Knighton
Baby Latino
Baby Legrand
Tessa Elizabeth Lockhart Ralston
Baby Lopez
Puter Martinez-Gardner
Elijah Loren Meyer
Ethan Michael Peters
Andrew Bond dos Reis
Sara Lopez Rye
Justin Michael Sanders
Isaac Anthony Sheff
Jacob Zaretsky
Millie Rose Genzel
Baby Shields

July

Rachel Joyce Encinas
Michael Farquhar
John Silva Fialho IV
Olivia Fillion
Peanut Fong
Baby Fosco
Emma Margaret Guelker
Christian Higa
Hayden Matthew Hope
Hunter Aaron Hope
Sarah Leigh Howitson
Shelby Jean Isola
Terrence Brophy Jett
John Zander Jones III
Zachary Mikalos Kristianous
Helena Grace Gundersen-Lehma
Valerie June Lozano
Leo Davies Melbourne
Baby Peterson
Baby Boy Rouse
Baby Siino
Olivia Arabella Sillion
Baby Szillinsky
Andrea Grace Teixeira
Jordan Vose
Presley Vose
Baby Westrup
Taylor Javon Lee Wilson
Baby McCornell
Leah Clavel



Stillbirth and SUID Prevention, Education, and Awareness Act

The Stillbirth and SUID Prevention, Education, and Awareness Act would improve the collection of critical data to determine the causes of stillbirth and Sudden Unexpected Infant Death (SUID), increase education and awareness about how to prevent these tragedies in the future, and expand support services for families who have experienced a stillbirth or SUID loss.

Every year, there are more than 25,000 stillbirths in the United States. Many of these deaths are the result birth defects, infections, umbilical cord problems, and chronic conditions of the mother. However, there is no known cause for as many as half of all stillbirths, leaving many parents without answers to the reasons for these deaths. This bill would expand current activities related to stillbirth and increase education and awareness among health care providers and families. Specifically, it would:

Expand current data collection activities to additional states to identify the causes of stillbirth and ways to prevent it in the future.

- Create a public awareness and education campaign to educate women about the risk factors for still birth and the importance of prenatal care.
- Expand support services, such as grief counseling, for families who have experienced a stillbirth loss.

In addition, there are more than 4,600 sudden unexpected infant deaths each year and another 200 children between the ages 1 and 4 die without any obvious cause for their death. Many such tragedies could be prevented if there were a better understanding of the reasons why these infants and children died. The Act encourages states to complete scene investigations to better understand why these children died and establishes a national database to track these deaths and identify risk factors to prevent them in the future. Specifically, it would:

- Encourage states to complete scene investigations and autopsies to help determine causes of death and collect uniform data.
- Provide funding to train state and local personnel on completing scene investigations.
- Expand successful child death review programs to review the circumstances surrounding infant's and children's deaths in their community.
- Establish a national database to track these deaths and identify risk factors to prevent them in the future.
- Create a national public awareness and education campaign to educate parents and caregivers about known risk factors.
- Expand support services, such as grief counseling, for families who have experienced the loss of a child.

Senator Lautenberg (D-NJ) will be introducing the Stillbirth and SUID Prevention, Education, and Awareness Act in the coming weeks. If you would like more information on the bill, please contact Apryl Clark at 224-3224.

Sent to Sharing Parents by: **Cathi Lammert, RN**
Executive Director, National Share Office



Sharing Parents Newsletter will be Going Green!

In order to serve our fellow parents with more convenience and to save some trees as well, we will be transitioning our quarterly newsletter to an e-newsletter. In our database, we have a limited number of email addresses, so please send us your email address as soon as possible to complete our database.

We hope to make the transition complete in the first quarter of 2010.

Currently, you are able to view our newsletters online at any time at www.sharingparents.org.

You can email your e-address to sharingparents@yahoo.com

Payton Hadley Bazzocco

Our baby girl Payton, you would be six years old this May 28th...it is so hard to believe that another year has gone by. We love and miss you so much and wish that you could be here with your little brother and sister. They would have loved having you to play with. We are walking in your honor and memory for the 6th year at the March of Dimes walk. It is one of the great ways we remember you, and because it is always around your birthday it is very special for us. As your birthday nears and passes, we continue to celebrate your life. You are always a part of our hearts, thoughts and prayers...and we look forward to the day we hold you again. Celebrate with Jesus baby...

Love mommy, daddy, little sis Avery and baby brother Benjamin

Please welcome the safe arrival

Jazlyn Marie Hurtt

She arrived safely June, 26, 2008 at 7:46 pm. Jazlyn weighed: 6lbs 11oz and was 19 1/2 inches long. She is lovingly received by her parents Joanna and Eric Hurtt and sisters Julia and Jolie.

Love Gift in Memory of

Madison Kristine Joppa

I believe God has each and every angel with Him and they are waiting for us. Madison, I'll know you when I see you.

Love Aunt Carroll and Uncle Al

To honor your child's memory, send a "Love Gift" to Sharing Parents. A love gift is a monetary donation given in honor of someone or as a memorial to a baby, relative or friend. Not only will you be memorializing your baby but you will be helping Sharing Parents which survives on donations and fundraisers. If you would like to donate a love gift to us please fill out the form on the back of the newsletter. The deadline for inclusion in the next newsletter is

July 1, 2009

Remembering Jack

Written by Stacey Hisey

My first son Jack would have been four years old this June. In honor of him, I would like to share our story with you.

My husband, Ken, and I gave birth to our first son, Jack Franklin Hisey, on June 17, 2005. He was stillborn at 37 weeks with no apparent cause of death.

I had just started my maternity leave the week he died. I had a schedule of nesting events to make sure that everything was perfect before Jack was born. I cleaned the house on Monday and Tuesday. I remember scrubbing the outside of the dishwasher and dusting the baseboards, because in my mind we couldn't welcome our first son into the world in a dirty house. I picked out recipes and started a grocery list so that I could make casseroles and freeze them so that we would have plenty of food when the baby came. On Wednesday, I took a "Baby Safety" class. I remember being freaked out about all the stuff I had to do to baby proof the house and all the things I had to think about and do to make sure he was safe. I was thankful that he was safe in my belly and I could protect him. On Thursday, I had a doctor's appointment, and then I was going to go to lunch with my brother and watch a horror movie. (It was the first day I had planned to actually rest).

I went to my doctor's appointment in the morning, and I remember the doctor being late. I didn't mind, it was my day to relax. I remember the doctor coming into the room and asking me if I had any questions or concerns. As normal, I came with my organizer and a list of questions. That day, I asked the doctor if it was OK to use regular laundry detergent with the baby clothes, or if I had to use baby detergent. And if I had to use baby detergent, was it OK to use the generic brand, or did I have to use Dreft? She was very diplomatic and tried not to laugh at me, because my questions were usually this ridiculous.

Then it was time for her to check the baby. She brought out the Doppler. I didn't pay any attention, this was the same routine we did every visit. I don't know when it hit me that the doctor's face changed. She was silent, and was trying to maneuver the Doppler all around my belly, but "the baby wasn't cooperating." (Or so I thought). I remember then holding my breath, and thinking, "Mister, I'm going to ground you when you come out, you're scaring mommy." Still no heartbeat, so we went into the next room to do the ultrasound. I don't remember the ultrasound. I don't think I even looked at the screen. I think this is where the shock and denial came in. I remember the doctor telling me to call my husband immediately and have him pick me up and take me to the hospital. She wanted me to get an ultrasound there since they have better, more sensitive equipment. I told her I wanted to drive myself, so I could meet my husband there and not waste time. I don't think it hit me that she didn't want me to drive myself, because my baby had died. In fact, we didn't even talk about the fact that he had died. I still had hope, because she said the hospital had better equipment. She agreed to let me go myself, and gave me a huge hug and told me that she was sorry. I think I started crying then. I told her that I would prove her wrong, and he was OK.

I called Ken, but the connection was bad on his cell phone and he couldn't understand me. I don't remember what I said. I think I was crying. I managed to tell him to meet me at the hospital.

I remember going to labor and delivery and being surprised that I wasn't being rushed to a room. This was an emergency wasn't it? When we got to a room, they sent in the ultrasound technician. They were testing a new machine, so there were two techs and a sales rep. I remember looking at her face to see what her reaction was when she was doing the ultrasound. I stared at her while I was holding my breath. I was waiting for her to tell me that she found the heartbeat and everything was OK. She said something like, "oh that's what I was looking for." But it wasn't about my baby. She was referring to a feature on the machine. She then left and told me that the doctor would be in shortly. What was wrong with these people? Can we hurry this up? This an emergency, shouldn't I be being prepped for surgery? What was happening? No one would tell me that he was dead.

Then a nun came into my room. Where was the doctor? Why was she here? She came to my side and held my hand and told me she was sorry. I was speechless. Why was she saying she was sorry? How did she know he was gone? The doctor didn't have a chance to look at the ultrasound results. I told her that no one had told us that he had passed, or what happened, or reviewed the results with us. She was embarrassed that the news had come from her. I asked her to leave so I could talk to the doctor. I don't remember if they sent a doctor in...by this time, I realized that the nun was right, he was gone

and the nightmare was real.

The hospital staff asked me to go home and come back at midnight. They wanted to make sure I was able to spend a full 3 days in the hospital. As soon as we left the hospital, we started making the calls to our family. Most of our family lived out of town, so they started making travel plans to join us when we went back to the hospital. My friends joined us at home. We had about 13 hours at home before we were due back. It's a blur what we did during that time. I'm sure there was more crying and hugging. Before we left for the hospital, Ken and I took some alone time and embraced each other and he touched my belly. We knew this was the last time we would be alone with him in my belly and together as a family.

Both sets of parents, my brother and sister-in-law, and my closest friends joined us when we went to the hospital. We went into labor and delivery all with somber looks on our faces. We got the looks from others wondering why we weren't excited, since going to labor and delivery was usually a festive and happy time for families.

The nurses at the hospital were all so wonderful and caring. They took the little extra time to make sure that my friends and family were supported and comforted during our stay. They made sure the rooms on both sides of me were empty so that I wouldn't have to hear the cries of other newborn babies. They also gave my family/friends the room next door so that they wouldn't have to be in the standard waiting room with the other happy families.

They induced me immediately and gave me drugs that knocked me out so that I could rest. My family/friends took turns visiting Ken and me in the labor room to be there when I woke up to comfort me. Throughout the night, when the drugs wore off, I woke up screaming, realizing that I wasn't dreaming. My baby was dead. About 12 hours later, it was time to start pushing. Ken and I decided to do this part alone, so the family waited next door. I cried through the pushing. Part of me was devastated that Jack had to leave me, and that I would be empty inside. When he finally came, I held my breath. I waited for that cry to come out. That cry that every mother waits for when her baby is brought into the world. I still had hoped that all these medical professionals were wrong, and that he was actually alive. Jack didn't cry. He was born silent.

The nurses cleaned him up and dressed him in the outfit that he was supposed to come home in. They brought him to me to hold him. I held him for a short while. I was scared. I didn't know what would happen to his body if I held him too long. He was so delicate and ironically, I was worried I would hurt him. The nurses brought him over to Ken. He held him for a short while as well. Then the nurses put him in the bassinet besides me and welcomed the family back into the room.

My friends and family took turns looking at him, some held him, and some couldn't. We were all there to support each other and honor him. I couldn't stop looking at him and touching him in the bassinet. The nurses helped me take off his sock and unwrap him so that I could see his skin. I could only touch his face, his hands, and his feet. I was scared and I couldn't hold him anymore. I was still in shock. Of course, if I could do it over, I would have held him more, taken more pictures, and video taped everything.

The family all said their goodbyes, and Ken and I and our good friend Fred read the "Jack and the Beanstalk" book to him. We said our goodbyes and I remember singing, "You are my sunshine, my only sunshine, you make me happy, when skies are gray, you never know dear, how much I love you, please don't take my sunshine away." The nurse then rolled him away, and my baby was gone.

Jack, you are my sunshine. You do make me happy. I wish you wouldn't have been taken away.

You are my biggest baby boy. I love you with all that I am.

Mommy

PS. I wanted to take this opportunity to thank you for reading our story. There are so few "safe" places where we can talk about him and talk about what happened. This was my chance to share our entire story without having to worry about whether or not I would offend others or get those blank "try to be sympathetic" gestures. Sharing Parents has been an amazing outlet and safe place for my husband and me. I hope you will use Sharing Parents as your outlet and safe place too.

Send to Sharing Parents, PO Box 19538
Sacramento, CA 95819-0538

Address:

Donor Name:

Date of Death:

Date of Birth:

In Loving Memory of:

Enclose your check, attach any special message to this form, and mail to:

(Donations to Sharing Parents are tax deductible)

Please make checks payable to **Sharing Parents of Sacramento**.

A love gift is a monetary donation made to honor your child's memory.

We welcome your love gifts in support of Sharing Parents.

Sharing Parents

PO Box 19538

Sacramento, CA 95819-0538

Time Dated Material

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Sacramento, CA 95819



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Names are entered through the sign in sheets at all Sharing Parents Meetings.