



August 2014

**Sharing Parents** is a Sacramento based non-profit organization devoted to supporting parents who have experienced the loss of a baby from the time of conception through early infancy.

**Our Purpose** is to provide a safe environment where grieving parents with similar experiences can come together and share their feelings about the loss and the love of their babies. Our meetings are also a place where parents express the love they have for their baby in their compassion for others, where they can give and receive emotional support by sharing common experiences and learn about the natural grief process while working through and resolving their loss.

**We Offer** a variety of meetings and support services that are designed to help parents throughout the different stages of their grief. There is never a fee to attend our meetings.

### Our \*NEW\* Meeting Place

Sutter Roseville Medical Center  
1 Medical Plaza Dr.  
Roseville 95661  
Medical Bldg. 1, 2nd floor

### Our Mailing Address & Phone Number

Sharing Parents  
P.O. Box 19538  
Sacramento, CA 95819-0538  
(916) 424-5150

### Upcoming Grief Support Meetings

August 10th *Tear Soup*  
September 14th Honoring Your Baby (Bring a Memento)  
October 12th (No Meeting) - Annual Memorial Ceremony

### Subsequent Pregnancy Meetings

August 24th  
September 28th  
October 26th

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*Healing is something that each person has to willingly partake in. It is not something that is done to you.*

*Kiley Hanish*

**2014 Sharing Parents  
Volunteers**

**Co-Presidents**

Rebecca Erickson  
Jennifer Stiltz

**Vice President**

Sharon Cox

**Secretary**

Jennifer Stiltz

**Treasurer**

Stacey Hisey

**Short Term Grief**

**Coordinator**

Stacey Hisey

**Sub. Pregnancy Coordinator**

Molly Lawrence

**Pregnancy Interruption**

**Coordinator**

Erin Greenough

**Listening Line Coordinator**

Molly Lawrence

**Listening Line Volunteers**

Sharon Cox, Lynne Genzel,  
Dionné Martinez

**Oct. Memorial Coordinator**

Sharon Cox

**Community Outreach**

Dionné Martinez

**Bunco Coordinator**

Kristin Lunardi

**March for Babies**

**Coordinator**

Trina Giacomo

**Librarian**

OPEN

**Newsletter Editor**

Rachel Libby

**Webmaster**

JB Cox

**Facebook Moderator**

Dionné Martinez

**General Volunteers:**

Shannon Anderson, Dorinda  
Gregory, Deanna Lockhart,  
Kurt Seckington, and Ryan  
Stiltz

A Message from the co-Presidents:

*The month of October is Nationally recognized as Pregnancy and Infant Loss Awareness Month. On October 15th is the "official" day of remembrance. We invite you to light a candle and take part in the Wave of Light that takes place from 7-9pm in each time zone around the world on that day.*

*Sharing Parents will also be hosting our 28th Annual October Memorial on October 12th beginning at 3:30pm at the Capitol Park Rose Garden. We invite all parents, friends and family members to join us as we remember our babies at this special ceremony. Please note that this is an inclusive event and expecting mothers and babies will be in attendance.*

*Butterflies will once again be available for purchase to release following the October Memorial. If you would like to purchase a butterfly, please order through the Sharing Parents website using PayPal, or use the order form included on page 9 of this newsletter. Orders must be placed by August 24th.*

*We also have an upcoming opportunity to spend a relaxing evening out with Sharing Parents participants and volunteers at our Bunco Fundraiser on August 21st. It will be a fun-filled evening of Bunco and a raffle. Even if you don't play, you can join friends for a meal at Chevy's on Garden Highway in Sacramento benefitting Sharing Parents. Please print out the flyer on page 7 and give it to your waiter when you order and Sharing Parents will receive 20% back. The flyer is valid all day long on August 21st.*

*Rebecca and Jennifer  
2014 co-Presidents*



# Remembering Our Babies With Love

Anniversaries, birthdays and holidays are difficult times for us. We remember with love...

## August, September, and October Birthdays and Anniversaries

### August Anniversaries:

Alyssa Amezcu  
Danielle Barrett  
Joseph Barrett  
Joshua Bence  
Mallory Ann Bourke  
Alexander Burke  
Maxwell Glen Carpenter  
Autumn Joy Davidson  
Rachel Joyce Encinas  
Noelle Marie Englefield  
John Silva Fialho IV  
Baby Fong  
Shelby Madison Greenough  
Virginia Skye Groff  
Baby G Hiett  
Dylan Riley Hogan  
Talon Huizar  
Jacob Bradley Hurt  
Amelia Noelle Jaime  
Baby Lacey  
Baby Legrand  
Baby Locklear  
Marissa Marina Lopez  
Zaia K'lea Marquez  
Charles Martin  
Emily Maughan  
Solange Christiane Mawet  
Megan Margaret Murray  
Baby Ocel  
Jalen Joel Pearson  
Levi Peters  
Baby Peyton  
Baby Phillips  
Vanessa Rose Reade  
Gabriel Rohde  
Sophia Isabella Ruiz  
Kyia Michelle Taylor  
Masr Raine Taylor  
Trent Voong  
Baby Wilgus  
Baby Willis  
Baby Winings

### August Birthdays:

Noelle Marie Englefield  
Jacob Bradley Hurt  
Lane Williams

### September Anniversaries:

Gracie Elizabeth Aguilar  
Tashia Elizabeth Barajas  
Baby Bray  
Brayden James Cairel  
Baby Campbell  
Elijah Romell Dela Vega  
Jaden Christian Denham  
Baby Edson  
Thomas Anthony Elliott  
Baby Fong  
Baby Fosdick  
Elise Gallagher  
Joren Don Edward Giacomo  
Dylan Guina  
Baby Hare  
Baby Hare  
William Kirchner  
Kyla Knighton  
Dylan LaLonde  
Ashlyn Nicole Leach  
Baby Legrand  
Baby Lewis  
Abigail Lo  
Chloe Lo  
Jonathan Scott Lucas  
Joseph Owen Lyster  
Bernadette Elizabeth Martin  
Isabella Sophia McHugh  
Carter Rembleski  
Ajanac Strivers  
Baby Szillinsky  
Stella Ray Thayer  
Kai Washington  
Baby Westrup  
Roya Wooten  
William Henry Zimmerman

### September Birthdays:

Madison Blue Domacasse  
Bernadette Elizabeth Martin  
Timothy Daniel May, Jr.

### October Anniversaries:

Savannah Micah Abbott  
Emma Nicole Allison  
Katelynn Marie Allison  
Baby Anders  
Laura Jane Bik  
Thaddeus Lawrence Birdtail  
Nick Boysen  
Olivia Hope Brabec  
Baby Bracy  
Douglas Brooks  
Baby Cailott  
Thomas James Carpenter  
Thomas Cataldo  
Baby Chambers  
Morrissa Mae Cooper  
Thomas William Loris Day  
Emily Devey  
Madison Blue Domacasse  
Baby Fosco  
Michael Giraldez  
Andres Guitierrez, Jr.  
Baby Hall  
Audrey Lynn Hargrove  
Jesse Henning  
Rebecca Lee Hussey  
John Zander Jones III  
Mya Lane  
Amerika Lewis  
Carter Maciel  
Catherine Maciel  
Owen Blue McClaugherty  
Tyler Mirando  
Meagan Monas  
Liam Murchinson  
Leo Joseph Omega  
Tabitha Padilla

### October Anniversaries:

Joey Christopher Panter  
Nicholas Aaron Parnow  
Jumaine Michael Peoples  
Hannah Elizabeth Reinsch  
Sebastian Robertson-Horner  
Jane Lee Saunders  
Carmen Delen Sención  
Baby Snell  
Wyatt Grant Stine  
Baby Sturgill  
Lela Yasmeen Tamplen  
Cameron Stone Thomas  
Leanne Renee Torres  
Leland Pierce Wilson

### October Birthdays:

Ryan Ahdan  
Kyle Benjamin Avila  
Olivia Hope Brebac  
Thomas James Carpenter  
Johnathan Constantine  
Karolina Yelzavetta Cooper  
Baby Hernandez  
Leo Joseph Omega  
Emily Steele



Names are entered through the sign-in sheet at all Sharing Parents meetings.  
If your baby is not on this list, and you would like them included with their birth and anniversary month or months, please email [sharingparents@yahoo.com](mailto:sharingparents@yahoo.com)

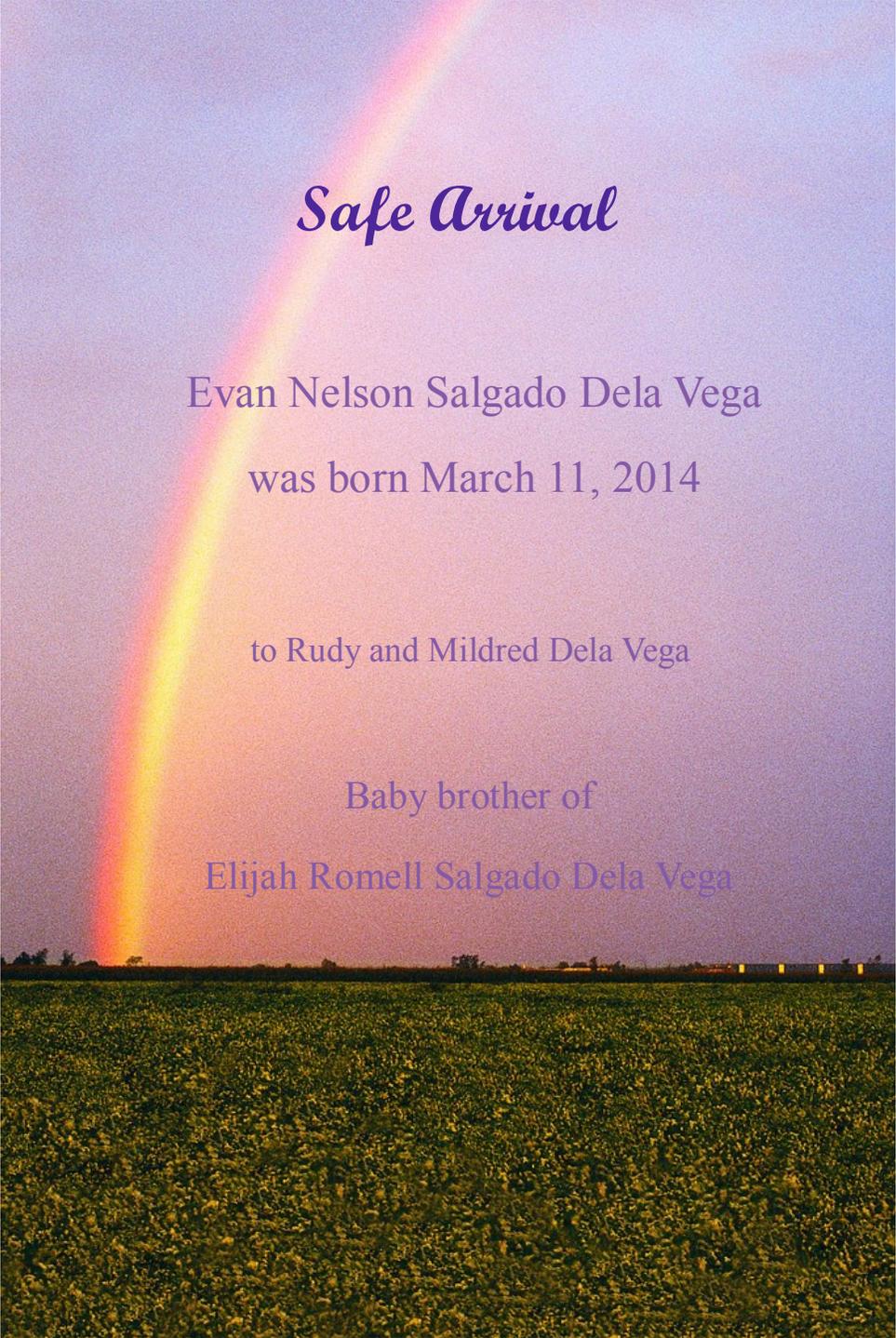
# News and Announcements



*To our new Sharing Parents families of these babies,  
our deepest sympathies for your loss*

*Nicole Marie Andrade  
Liliana Ambrosini  
Nathan Leelin Bailey  
Alpha Lehi Cusick  
Declyn Doyle  
Michael Huffstutler  
Scout Vivianne Hurt  
Jaxon Richards  
Max Serberger  
Dominic Vazquez  
Nathaniel Patrick Wilkens  
Lane Williams  
Roya Wooten*





*Safe Arrival*

Evan Nelson Salgado Dela Vega

was born March 11, 2014

to Rudy and Mildred Dela Vega

Baby brother of

Elijah Romell Salgado Dela Vega

# News and Announcements

## Sharing Parents Update

It's Time for....

# BUNCO!!

Thursday August  
21<sup>st</sup> 2014

7:00-9:00

Chevys on the River  
1369 Garden High-  
way Sac 95825.



We will be playing Bunco upstairs with a \$20.00 buy in with all proceeds going to Sharing Parents. There will be a raffle as well as awesome prizes (like a Joe Montana signature card or cosmetic bag full of goodies) for 1st, 2nd, and 3rd place, most wins, most losses, and most Buncos. In addition to the money raised by our Bunco game, Chevys will generously give 20% back to Sharing Parents for all meals when you bring in the fundraising flyer. Please print out the Chevys flyer (on the next page) to present to Chevys. The flyer cannot be presented from a mobile device. You must bring the paper

flyer to be stapled to the bill in order for Sharing Parents to get the % back. So even if you are unable participate in the Bunco game, you can support

Sharing Parents by dining anytime at Chevys on August 21st.

Can't wait to see you all there!



**Sign up ASAP! Limited spaces available! Visit our website to sign up via PayPal or through the mail.**

# News and Announcements

Print this flyer and bring it to Chevy's August 21, 2014 to raise money for Sharing Parents!

## Show how much you care, eat a fajita.

Please join us at Chevys for a fresh mex fiesta and to lend your support to: Sharing Parents of Sacramento

This could be the easiest sacrifice you ever make. Dine with us at Chevys at the date listed below and you will become our fundraising partner. That is because Chevys will kindly donate 15 % of the proceeds of this fiesta to our cause. Don't miss out on the opportunity to make a difference by enjoying a meal!

Date: 8/21/14 Time: All day  
Address: 1369 Garden Highway  
Sacramento Ca 95833



**Chevys**  
FRESH MEX<sup>®</sup>

Make a difference!

# News and Announcements

*Please join us  
for our 28th Annual October Memorial*

**October 12, 2014**

**3:30PM**

**International World Peace Rose Garden Downtown  
Sacramento, CA, 15th St near L St**

October is Pregnancy and Infant Loss Awareness Month. We will be holding our annual remembrance ceremony to raise awareness in the community and to remember our precious babies in a very special way. Our program includes stories of loss, music, candle lighting, a butterfly release and more. Please join us in celebrating the lives of our babies. Refreshments will be provided at the end of the ceremony, giving you an opportunity to meet with other parents and Sharing Parents volunteers.

There will be a memorial area for you to bring flowers, pictures and mementos of your baby(ies) to share and display. You are also welcome to bring a poem, song or reading to share with us during the ceremony.

If you have any questions, please contact us (916) 424-5150 or email [sharingparents@yahoo.com](mailto:sharingparents@yahoo.com)

\*\*\* In respect to our parents and the ceremony, please no dogs / pets allowed \*\*\*



If you would like to order a butterfly to release please visit our website to pay via papal or use the order form provided on the next page to pay through the mail.

# News and Announcements



**28<sup>th</sup> Annual October Memorial**  
Sunday, October 12, 2014  
at the Capitol Park Rose Garden at 3:30pm-5:30pm  
15<sup>th</sup> Street near L Street, Downtown Sacramento, CA

## Butterfly Release Order Form

At the October Memorial there will be a time for parents, family and friends to release butterfly(ies) in honor of their baby(ies).

Orders and payment **must** be received by **August 24, 2014** in order for your butterfly(ies) order to be placed.

The cost is **\$20.00 per butterfly**.

You may visit our website at [www.sharingparents.org/events.htm](http://www.sharingparents.org/events.htm) to place and pay for your butterfly order via the Sharing Parents Pay Pal account.

**OR**

Please include this form along with your check when you mail in your order.

**Name:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

I would like to release \_\_\_\_\_ butterfly(ies)

Check total: \$ \_\_\_\_\_

Please make checks payable to: **Sharing Parents**

Mail completed order form and payment to:

**Sharing Parents**  
**PO Box 19538**  
**Sacramento, CA 95819**



# Community Resources

It is our goal to highlight one community resource each newsletter. If you would like to recommend or write up a description of a community resource that has been helpful in your grief journey, please email [sharingparents@yahoo.com](mailto:sharingparents@yahoo.com) and put "Community Resource" in the subject line. Thank you!

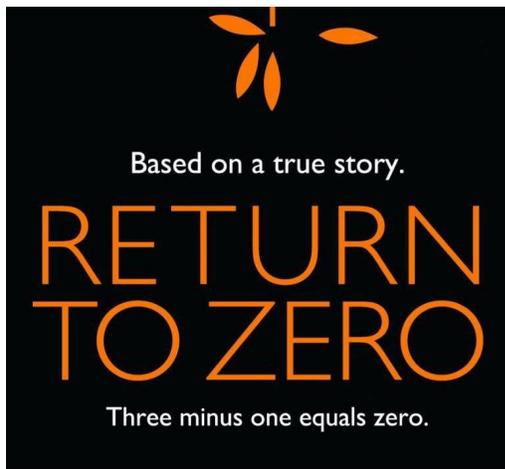


## Walk of Hope

RESOLVE, the National Infertility Association is holding their 2<sup>nd</sup> annual Walk of hope on September 20, 2014 at 9:00 AM starting on the west steps of the Capitol in Downtown Sacramento. This event is a scheduled 1 mile walk around the Capitol to support infertility awareness. Registration is from 9:00-10:00 AM. There will be a fitness instructor doing a light warm up around 9:45. The program and awards will be held from 10:00-10:30. The walk will begin at 10:30. All activities are all sponsored and are free to all participants from 11:00-12:00 PM. Sharing Parents will have a table with a volunteer and resources

to give to participants. For more information you can contact Cindy Flynn at [norcalwalkofhope@gmail.com](mailto:norcalwalkofhope@gmail.com). You can access the registration page at [www.resolve.org/norcalwalk](http://www.resolve.org/norcalwalk). Facebook page is [www.facebook.com/resolvenorcalwalkofhope](http://www.facebook.com/resolvenorcalwalkofhope). Sharing Parents is working on getting a group together for the walk. Please email Sharing Parents if you are interested and check back to our website for more information as the walk gets closer.

# Parent Submissions



The film **Return to Zero**, which has been airing regularly on Lifetime since its premiere in May, has brought up a lot of feelings from our parents as they watch a film finally deal with the pain and grief of losing a child during pregnancy. Whether our loss is long ago or far more recent, the decision to watch the film has been a weighted one and we invited our parents to share their experience here.

“I watched the film with my husband last week. I found that I didn’t connect with Maggie as much as I thought I was going to before I watched the film. There were things that came up in the film that made me think to myself, “I remember that feeling.” I thought it was

great that Hanish included some of the idiotic comments that people make to someone who has lost a baby. I can’t count the times that I’ve heard people say, “everything happens for a reason.” I loved that Maggie snapped at the woman who told her that “God has a plan.” I never had the courage to tell anyone how I really felt about the insensitive comments that were given to me without hesitation after losing my babies.

I found that I admired Maggie through the film. She said what she felt and never held back. She was so much stronger than I was/am. I think time has made it easier for me to express my feelings, but I still struggle with sharing them with others. I can talk to my husband and two close friends who’ve also lost babies. But aside from them, I have a very hard time opening up and it makes it harder for me to cope.

Maggie’s relationship with her mother reminded me of my own relationship with my mother. Maggie’s mother always said the wrong thing, and she wasn’t supportive of what Maggie was going through. I find that I still struggle with the fact that my mother doesn’t understand my experience. My mom doesn’t want to talk about my babies or what I may be going through. I think it could be because she doesn’t want to see me sad, and she knows she can’t fix this. I don’t think she can’t accept that I’m broken. There are times when I wish my mom would just embrace me, let me cry on her shoulder, and tell me, “[she’s] sorry for [my] loss.”

The scene in the delivery room where Maggie and Aaron held their son really tore at my heart. I cried pretty hard during that scene. I felt like I experienced my own losses again during that moment when they held their son and just looked at him...they had to accept his death. But do we ever really accept it?

Maggie said it best when she told Claire about the constant pain that she felt. She said that the pain felt good because it was somehow her connection to her son, and she was afraid that it might go away. I’ve felt it too. Thankfully, it hasn’t gone away, and I hope that it never will.”

-Dorinda Gregory



“I watched the movie and loved it. It was hard to watch sometimes for it brought to the surface my own memories of loss but it was also heartwarming in the sense that it showed the difficulties of loss but also the side of hope, healing and finding happiness again. It was a great movie and I would recommend it to anyone who has lost a baby/pregnancy and to anyone who knows someone who has lost a baby/pregnancy. It helps those who have gone through a similar experience to

# Parent Submissions

(continued from previous page...)

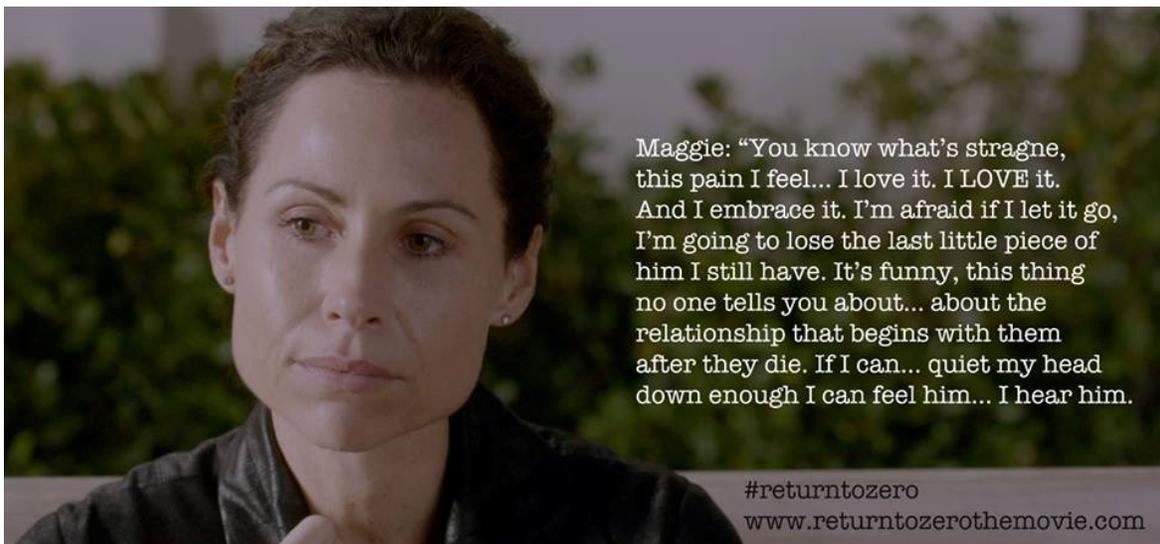
not feel so alone but it is also important for those who haven't lost who are supporting someone who has had a loss to gain a greater understanding of what the person they love might be going through.”

-Trina Giacomo



“Finally got to see the movie Return To Zero.... I've been wanting to see it since I first heard about it. Three times it got recorded and twice it magically got erased before I could watch it. So when I saw that it had been recorded and it was still there I excitedly pushed play. All though their story was so very different from my own, it still impacted me in a very raw, emotional and some what dark way. I'm so glad that I got to finally see it.... but I wasn't prepared for these overwhelmingly raw feelings. I'm sad for their loss but so happy that they shared their story in such an honest way. When a parent loses a baby it stops the world as they knew it, usually leaving them in a dark world full of pain, despair and endless questions. It left me feeling like this. I felt completely alone in my pain. Even though my loss was five years ago, seeing this movie tonight brought back a lot of my pain, anger and well jealousy... Jealously over other parents who got to hold their babies and kiss them goodbye. I never got to see her, hold her, kiss her, hug her.... I miss her everyday. My little angel baby. Makena Marie Elizabeth Anderson... 2/23/09. “

-Shannon Anderson



If you find a poem or article that is helpful to you, please consider sharing it with others in our next newsletter. Please send newsletter contributions along with the source and author of the poem or article, to [sharingparents@yahoo.com](mailto:sharingparents@yahoo.com) with “newsletter contribution” in the subject line. The deadline for submissions for the next newsletter is October 15th.

# Love Gifts

To honor your child's memory, send a "Love Gift" to Sharing Parents. A Love Gift is a monetary donation given in honor of someone or as a memorial to a baby, relative or friend. Not only will you be memorializing your baby but you will be helping Sharing Parents, which survives on donations and fundraisers. If you would like to donate a Love Gift to us, please fill out the form below. The deadline for inclusion in the next newsletter is **October 15, 2014**.

*In Loving Memory of*

*Brady Randolph Herrington*

*5/11/12 ~ 5/12/12*

*Greatly loved and missed by his parents,  
Gregg and Lisa Herrington*

*This love gift was made in the form of a grant from the  
Brady Randolph Herrington Memorial Fund  
through the Sacramento Region  
Community Foundation*

# Love Gifts

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We welcome your Love Gifts in support of Sharing Parents. A Love Gift is a monetary donation made to honor your child's memory. Please make checks payable to **Sharing Parents of Sacramento**. (Donations to Sharing Parents are tax deductible.)

Enclose your check, attach any special message to this form and mail to:

**Sharing Parents  
P.O. Box 19538  
Sacramento, CA 95819-0538**

**In Loving Memory of:**

**Date of Birth:**

**Date of Death/Loss:**

**Message:**

Grief is **not** a sign  
of weakness,  
**nor** a lack of faith,  
it is the price  
of love.

- sayinggoodbye.org